

Bureau of Health Care Quality and Compliance

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: NVN5232AGC	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____	(X3) DATE SURVEY COMPLETED 06/15/2010
NAME OF PROVIDER OR SUPPLIER CASCADES OF THE SIERRA		STREET ADDRESS, CITY, STATE, ZIP CODE 275 NEIGHBORHOOD WAY RENO, NV 89441		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETE DATE
Y 000	Initial Comments The findings and conclusions of any investigation by the Health Division shall not be construed as prohibiting any criminal or civil investigations, actions or other claims for relief that may be available to any party under applicable federal, state, or local laws. This Statement of Deficiencies was generated as a result of an annual State Licensure survey conducted in your facility on 6/15/10. This State Licensure survey was conducted by the authority of NRS 449.150, Powers of the Health Division. The facility is licensed for 96 Residential Facility for Group beds for elderly and disabled persons and 24 beds for persons with Alzheimer's disease, Category II residents. The census at the time of the survey was 60. Fifteen resident files were reviewed and fifteen employee files were reviewed. One discharged resident file was reviewed. The facility received the grade of D. The following deficiencies were identified:	Y 000		
Y 103 SS=D	449.200(1)(d) Personnel File - NAC 441A / Tuberculosis NAC 449.200 1. Except as otherwise provided in subsection 2, a separate personnel file must be kept for each member of the staff of a facility and must include: (d) The health certificates required pursuant to chapter 441A of NAC for the employee.	Y 103		

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TITLE

(X6) DATE

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

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Y 103	Continued From page 1 This Regulation is not met as evidenced by: Based on record review on 6/15/10, the facility failed to ensure 1 of 15 employees complied with NAC 441A.375 regarding tuberculosis (TB) testing for the protection of all residents (Employee #1 - no proof of positive TB test and no signs and symptoms review). Severity: 2 Scope: 1	Y 103			
Y 180 SS=F	449.209(7) Health and Sanitation-Lighting NAC 449.209 7. The facility must maintain electrical lighting as necessary to ensure the comfort and safety of the residents of the facility. This Regulation is not met as evidenced by: Based on observation and interview on 6/15/10, the facility failed to ensure that all emergency lights were functioning on the third floor of the A tower. Severity: 2 Scope: 3	Y 180			
Y 255 SS=F	449.217(6)(a)(b) Permits - Comply with NAC 446 on Food Service NAC 449.217 6. A residential facility with more than 10 residents must: (a) Comply with the standards prescribed in	Y 255			

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Y 255	<p>Continued From page 2</p> <p>chapter 446 of NAC.</p> <p>(b) Obtain the necessary permits from the Bureau of Health Protection Services of the Division.</p> <p>This Regulation is not met as evidenced by: Based on observation, interview and record review on 6-15-10, the facility failed to ensure the kitchen complied with the standards of NAC 446.</p> <p>Findings include:</p> <p>1 Critical Violations:</p> <p>a. Three badly dented cans were found in the dry storage room; (2) Apple Sauce and (1) Pitted Prunes.</p> <p>2. Cleaning and Sanitation Issues:</p> <p>a. An in use food dispensing scoop was improperly stored within the brown sugar container located in the dry storage room.</p> <p>b. The meat slicer was found soiled with food debris especially in the blade sharpening area of the machine.</p> <p>c. The juice and ice dispensers located in both server stations were soiled.</p> <p>d. The paper towel dispenser for the handsink</p>	Y 255			

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Y 255	<p>Continued From page 3</p> <p>inside of the employee restroom was empty.</p> <p>e. The walk-in refrigerator floors were soiled with food debris.</p> <p>f. The dry storage room floor under the soda syrup boxes was soiled.</p> <p>g. A green cutting board was heavily scarred and damaged in the Bistro.</p> <p>h. The drain-line for the Oasis blender was draining into the sink in the Bistro.</p> <p>i. The floors inside of the utility room were soiled under equipment and around floor sinks in the Bistro.</p> <p>j. A food dispensing scoop was improperly stored within the cocoa mix in the Memory Care Lodge.</p> <p>k. The juice dispensing heads were soiled in the Memory Care Lodge.</p> <p>3. Equipment and Maintenance Issues:</p> <p>a. Copper drain-lines within the walk-in refrigerator were exposed and unprotected.</p> <p>b. The dishroom table, the soiled dish side, had damaged sealant at the wall juncture.</p> <p>c. A light bulb was burned out in the utility room in the Bistro.</p> <p>d. The juncture with the counter-top and sink area was exposed in the Memory Care Lodge.</p> <p>Severity 2: Scope: 3</p>	Y 255			

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Y 434	Continued From page 4	Y 434			
Y 434 SS=D	<p>449.229(3) Emergency Drills</p> <p>NAC 449.229 3. A drill for evacuation must be performed monthly on an irregular schedule, and a written record of each drill must be kept on file at the facility for not less than 12 months after the drill.</p> <p>This Regulation is not met as evidenced by: Based on record review on 6/15/10, the facility did not ensure that monthly evacuation drills were conducted on an irregular schedule for 2 of the past 12 months (October 2009 and April 2010).</p> <p>Severity: 2 Scope: 1</p>	Y 434			
Y 444 SS=F	<p>449.229(9) Smoke Detectors</p> <p>NAC 449.229 9. Smoke detectors must be maintained in proper operating conditions at all times and must be tested monthly. The results of the tests pursuant to this subsection must be recorded and maintained at the facility.</p> <p>This Regulation is not met as evidenced by: Based on record review on 6/15/10, the facility did not ensure smoke detectors were tested 12 out of the past 12 months (July 2009 through June 2010).</p> <p>Severity: 2 Scope: 3</p>	Y 444			

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Y 450	Continued From page 5	Y 450			
Y 450 SS=D	<p>449.231(1) First Aid and CPR</p> <p>NAC 449.231</p> <p>1. Within 30 days after an administrator or caregiver of a residential facility is employed at the facility, the administrator or caregiver must be trained in first aid and cardiopulmonary resuscitation. The advanced certificate in first aid and adult cardiopulmonary resuscitation issued by the American Red Cross or an equivalent certification will be accepted as proof of that training.</p> <p>This Regulation is not met as evidenced by: Based on record review on 6/15/10, the facility did not ensure that 2 of 15 caregivers received first aid and cardiopulmonary resuscitation (CPR) training within thirty days of employment (Employee #1 - no first aid, #8 - no first aid or CPR).</p> <p>Severity: 2 Scope: 1</p>	Y 450			
Y 698 SS=E	<p>Residents Requiring use of Oxygen-Storage</p> <p>2. The caregivers employed by a residential facility with a resident who requires the use of oxygen shall:</p> <p>(b) ensure that:</p> <p>(5) All oxygen tanks kept in the facility are secured in a stand or to a wall;</p>	Y 698			

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Y 698	Continued From page 6 This REQUIREMENT is not met as evidenced by: Based on observation on 6/15/10, the facility did not ensure oxygen tanks were secured in a rack or to the wall in 3 of 6 resident rooms in which oxygen was being used (bedroom #177, #277 and #289). Severity: 2 Scope: 2	Y 698			
Y 859 SS=D	449.274(5) Periodic Physical examination of a resident NAC 449.274 5. Before admission and each year after admission, or more frequently if there is a significant change in the physical condition of a resident, the facility shall obtain the results of a general physical examination of the resident by his physician. The resident must be cared for pursuant to any instructions provided by the resident's physician. This Regulation is not met as evidenced by: Based on record review on 6/15/10, the facility failed to ensure that 3 of 15 residents received an initial physical examination (Resident #1, #5, and #6). Severity: 2 Scope: 1	Y 859			
Y 876 SS=C	449.2742(4) Medication Administration NRS 449.037	Y 876			

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Y 876	Continued From page 7 NAC 449.2742 4. Except as otherwise provided in this subsection, a caregiver shall assist in the administration of medication to a resident if the resident needs the caregiver's assistance. A caregiver may assist the ultimate user of controlled substances or dangerous drugs only if the conditions prescribed in subsection 6 of NRS 449.037 are met. This Regulation is not met as evidenced by: Based on record review on 6/15/10, the facility failed to ensure that an ultimate user agreement was obtained or signed for 15 of 15 residents. Severity: 1 Scope: 3	Y 876			
Y 877 SS=D	449.2742(5) OTC medications & Dietary Supplements NAC 449.2742 5. An over-the-counter medication or a dietary supplement may be given to a resident only if the resident's physician has approved the administration of the medication or supplement in writing or the facility is ordered to do so by another physician. The over-the-counter medication or dietary supplement must be administered in accordance with the written instructions of the physician. The administration of over-the-counter medication and dietary supplements must be included in the record required pursuant to paragraph (b) of subsection 1 of NAC 449.2744.	Y 877			

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Y 877	Continued From page 8 This Regulation is not met as evidenced by: Based on observation, interview and record review on 6/15/10, the facility would be unable to administer as needed (PRN) medications as prescribed for 2 of 15 residents because their PRN medications were not available in the facility (Resident #5 - missing Acetaminophen and Resident #7 - missing Aculan eye drops). Severity: 2 Scope: 1	Y 877			
Y 878 SS=D	449.2742(6)(a)(1) Medication / Change order NAC 449.2742 6. Except as otherwise provided in this subsection, a medication prescribed by a physician must be administered as prescribed by the physician. If a physician orders a change in the amount or times medication is to be administered to a resident: (a) The caregiver responsible for assisting in the administration of the medication shall: (1) Comply with the order. This Regulation is not met as evidenced by: Based on observation, interview and record review on 6/15/10, the facility failed to administer medications as prescribed for 2 of 15 residents because their medications were not available in the facility (Resident #8 - 12 doses of MVI senior eye and #14 - 4 doses of Cipro, an antibiotic). In addition, the facility failed to obtain orders for Resident #1 to continue her routine medications	Y 878			

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Y 878	Continued From page 9 (Lorazepam, Lisinopril, calcium, aspirin, Omeprazole, Omega-3 and multivitamin) for 8 days after she was transferred from another facility. Severity: 2 Scope: 1	Y 878			
Y 882	449.2742(6)(c) Medication / change order NAC 449.2742 6. Except as otherwise provided in this subsection, a medication prescribed by a physician must be administered as prescribed by the physician. If a physician orders a change in the amount or times medication is to be administered to a resident: (c) If the label prepared by a pharmacist does not match the order or prescription written by a physician, the physician, registered nurse or pharmacist must interpret that order or prescription and, within 5 days after the change is ordered, the interpretation must be included in the record maintained pursuant to paragraph (b) of subsection 1 of NAC 449.2744. This Regulation is not met as evidenced by: Based on record review and interview on 6/15/10, the facility failed to obtain clarification when a medication label did not match a current order for 1 of 15 residents (Resident #5 - Lactulose).	Y 882			

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Y 885	Continued From page 10	Y 885			
Y 885 SS=D	<p>449.2742(9) Medication / Destruction</p> <p>NAC 449.2742</p> <p>9. If the medication of a resident is discontinued, the expiration date of the medication of a resident has passed, or a resident who has been discharged from the facility does not claim the medication, an employee of a residential facility shall destroy the medication, by an acceptable method of destruction, in the presence of a witness and note the destruction of the medication in the record maintained pursuant to NAC 449.2744. Flushing contents of vials, bottles or other containers into a toilet shall be deemed to be an acceptable method of destruction of medication.</p> <p>This Regulation is not met as evidenced by: Based on record review and interview on 6/15/10 the facility failed to destroy discontinued medications for 2 of 15 residents (Resident #12 - Docusate, Resident #1 - Ativan).</p> <p>Severity: 2 Scope: 1</p>	Y 885			
Y 895	<p>449.2744(1)(b)(1) Medication / MAR</p> <p>NAC 449.2744</p> <p>1. The administrator of a residential facility that provides assistance to residents in the administration of medication shall maintain: (b) A record of the medication administered to each resident. The record must include: (1) The type of medication administered;</p>	Y 895			

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Y 920	Continued From page 12 medications. A resident who is capable of administering medication to himself without supervision may keep his medication in his room if the medication is kept in a locked container for which the facility has been provided a key. This Regulation is not met as evidenced by: Based on observation on 6/15/10, the facility failed to ensure that medications belonging to 8 of 9 residents (not requiring medication assistance) were secured in their apartments. Severity: 2 Scope: 3	Y 920			
Y 921 SS=F	449.2748(2) Medication Storage NAC 449.2748 2. Medication stored in a refrigerator, including, without limitation, any over-the-counter medication, must be kept in a locked box unless the refrigerator is locked or is located in a locked room. This Regulation is not met as evidenced by: Based on observation on 6/15/10, the facility failed to ensure that refrigerated insulin belonging to 3 of 3 insulin dependent diabetics was secured in locked box inside their refrigerators. Severity: 2 Scope: 3	Y 921			
Y 936 SS=F	449.2749(1)(e) Resident file-NRS 441A Tuberculosis	Y 936			

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Y 936	Continued From page 13 NAC 449.2749 1. A separate file must be maintained for each resident of a residential facility and retained for at least 5 years after he permanently leaves the facility. The file must be kept locked in a place that is resistant to fire and is protected against unauthorized use. The file must contain all records, letters, assessments, medical information and any other information related to the resident, including without limitation: (e) Evidence of compliance with the provisions of chapter 441A of NRS and the regulations adopted pursuant thereto. This Regulation is not met as evidenced by: Based on record review on 6/15/10, the facility failed to ensure 6 of 15 residents complied with NAC 441A.380 regarding tuberculosis testing (Resident #1, #4, #5, #13, #14, and #15). Severity: 2 Scope: 3	Y 936			
Y 944	449.2749(2) Resident File - Discharge Documentation NAC 449.2749 2. The document required pursuant to paragraph (j) of subsection 1 must indicate the location to which the resident was transferred or the person in whose care the resident was discharged. If the resident dies while a resident of the facility, the document must include the time and date of the death and the dates on which the person responsible for the resident was contacted to inform him of the death.	Y 944			

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